

THE GOLDEN YEARS

by Todd V. Winder

Work as "a way of life" appeals to many seniors. 35,000 people responded to a survey of the American Association of Retired Persons. Money was cited as the most important reason for working by only 32 percent of those 62 or over. For 19 percent of those 62 or over, work itself is what they like. Others work to keep busy, to be with people, or to help others.

When residents of Pound Ridge, New York, prepared a public birthday celebration for Edith Waters, she commented: "I don't see why everyone is making such a fuss. Lots of people are turning 90 these days." But many people much younger aren't maintaining her pace. At the community library, where she has been a volunteer for 30 years, she's described as a "hard worker." She is active in her church where she is treasurer of the women's group, and she also transcribes books into Braille and delivers meals to shut-ins. "She has more energy than most 60-year-olds," says the church Secretary.

Remember When? June 4, 1944 -- Troops of the United States Fifth Army captured Rome intact. It was the first European capital liberated from Nazi occupation in World War 11.

Presented as a public service to our senior citizens, and the people who care about them by
London Springs Care Center
160 W. 500 No. Heber 654-5500

7 June 1989

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Demand keeps growing for child-care centers as more mothers remain in the work force, but reliable people are needed to staff the centers. Now senior citizens are being recruited -- as paid workers by some child-care chains and as volunteers in nonprofit centers. Child-care administrators observe that older people enjoy working with young children, and absenteeism is less of a problem than with younger workers. Says one director: The involvement of older people "... also had a positive effect on the young parents' attitudes toward aging."

Emmanuel Zewerling still turns out now and then for meetings of the Jewish War Veterans post in Bloomfield, New Jersey. At 101, he is the oldest member of JWV nationally. Zewerling was wounded at Chateau-Thierry while serving as an infantry sergeant in World War 1. He had joined the New York National Guard in 1910 and a few years later saw active duty along the Mexican border, pursuing Pancho Villa. He retired from the New York City police force in 1946 as a sergeant.

Remember When? 1936 -- In the first election to the Baseball Hall of Fame, five alltime stars were inducted: Ty Cobb, Christy Mathewson, Honus Wagner, Walter Johnson and Babe Ruth.

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2 Aug 1989

London Springs Receives Top Survey

12 Oct 1988

London Springs Care Center recently completed its annual survey by the Utah Department of Health and received the best survey on record for the facility in many years. Todd V. Winder, facility administrator, stated that to his knowledge, the recent survey is the best ever for the facility since it opened in the late sixties.

Each year long-term care facilities throughout the state are given an unannounced surprise survey by the Department of Health. The survey process is very strict and in-depth and last approximately three

days. During the three days, all departments of the facility are inspected to assure that all state and federal regulations are being implemented in the facility. If the survey team finds the facility has any deficiencies in keeping the regulations, then the facility is given the opportunity to correct any deficiency within a designated time frame. There are also certain deficiencies that can result in fines, and in some cases, even closure of the facility.

The staff of London Springs are very pleased with the recent survey

results. Mr. Winder made the comment that only a high quality staff can receive such a survey by the Department of Health. The survey proves that the staff and facility are of top quality and shows that the care being provided is of the best quality. Mr. Winder also noted that the recent survey easily rates the facility as one of the best long-term care providers in the state.

London Springs Care Center is continuing its renovations and invites the community to drop in and see what's happening at the Care Center.

London Springs

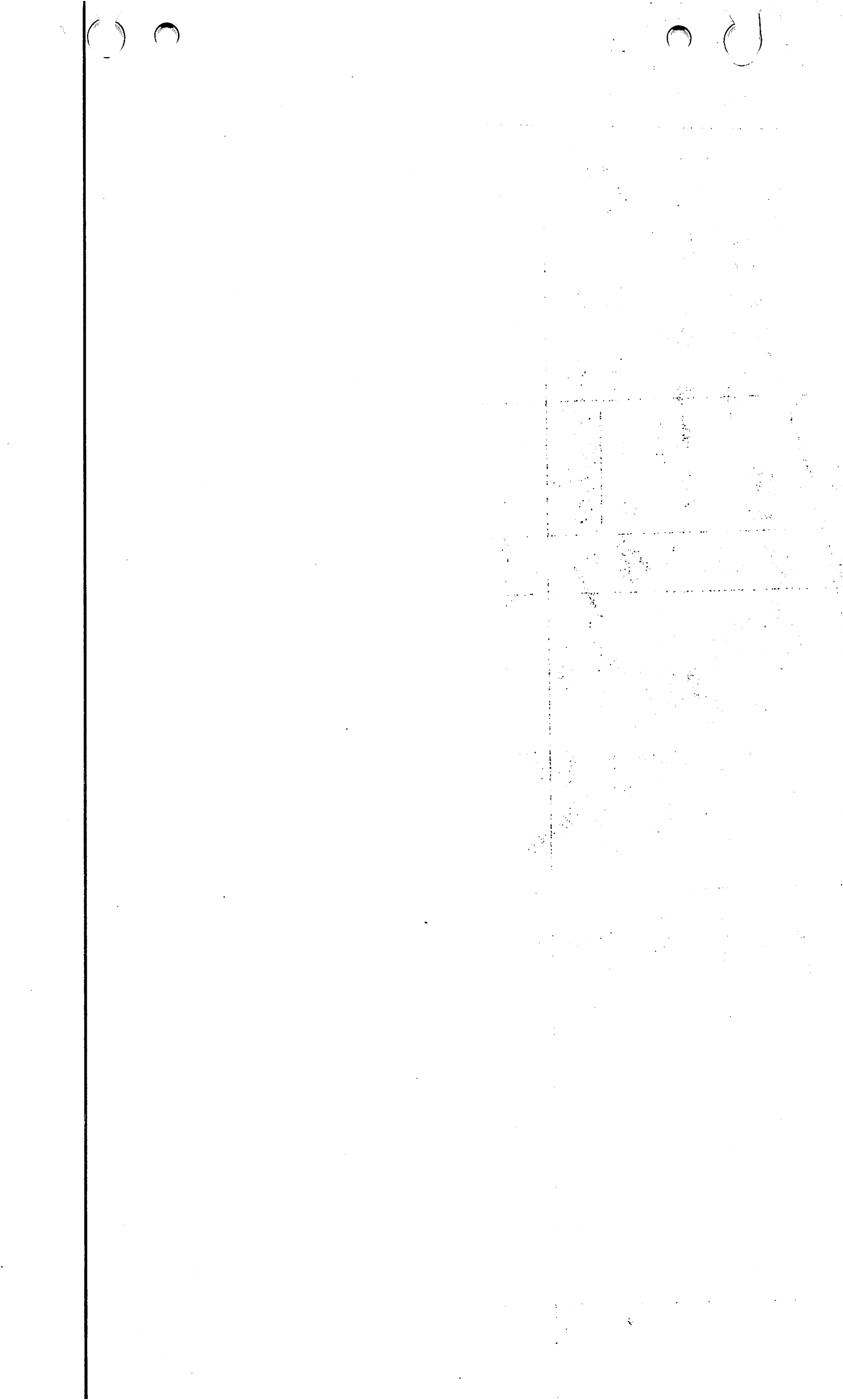
Care Center

Activities For October

London Springs Care Center activities for October are as follows: Every Tuesday at 11 a.m. the activity is Chat and Chew. Each Saturday at 1 p.m. is Film and Popcorn Day. Each Sunday at 10 a.m., church. Each Tuesday at 10 a.m. is Relief Society. Each Monday at 7 p.m. is Family Home Evening.

Oct. 18 at 1 p.m. will feature "Papa's Parlor Pickers."

London Springs Care Center invites everyone to come and enjoy the activities with the residents. They have activities throughout the week. If you are interested in providing some type of recreational program for our residents, please call Ellen Brown at 654-5500.



Wednesday, February 28, 1990

Nurse Aide Training Program at London Springs Care Center

The Omnibus Budget Reconciliation Act (OBRA) of 1987, requires all skilled and intermediate care facilities to use only nursing assistants who have been state certified through an approved training program and successfully completed a certification exam.

London Springs Care Center will be offering this approved course to staff and other interested persons. The class begins March 6 at 1 p.m. and runs every Tuesday and Thursday through the end of

April. Class periods will be 1-1/2 hours in length, for a total of five hours of class time each week. Students will be expected to attend all sixteen classes as well as complete a total of forty hours in practical application (on the job training).

Barbara Mathis, R.N., B.S. will be the instructor of the course, with guest speakers addressing different areas of expertise. Barbara lives in Midway with her husband, Bob, and their three children.

Cost for the class will be \$20 for employees and full time students; \$50 for all other applicants. A refund of \$15 will be made upon completion of the course and return of all facility materials. Students will also be presented with an official Certified Nursing Assistant pin upon passing the certification exam. For further information and registration, please contact Rebecca Hepworth at London Springs Care Center, 654-5500 by March 2.

London Springs Care Center, Inc.
160 West 500 North • Heber City, Utah 84032

Monday, November 14, 1990 • The Wasatch Wave • 5A

London Springs Care Center Passes Compliance Survey

Many people in our community have been aware that London Springs Care Center was scheduled for a compliance survey with a federal survey team from the regional offices of the federal government in Denver. A three member team arrived on Monday last week for a two day stay and evaluation. The administration of London Springs is pleased to announce the successful results of the survey findings.

The survey team found no deficiencies in their research through records and observation of care. The

facility is pleased to have met the challenge of such scrutiny, but more than that, they are proud that their standard of patient care has been federally acknowledged as excellent.

The staff and residents are pleased with the success of the survey. Zero deficiencies found on a federal survey is an uncommon event. They wish to share their joy and pleasure with the community. Many thanks and appreciation go to those who made it possible.

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London Springs Care Center, Inc.

160 West 500 North
Heber City, Utah 84032

(801) 654-5500

September 20, 1989

Dear *Arlene*:

Thank you for attending our Medicare Meeting on August 30 and helping us in the start-up of our Medicare Certified Special Services Unit at London Springs Care Center.

I very much appreciated your comments and questions and your interest. Your help will be vital in implementing our new programs and in meeting the needs of the individuals in our communities.

As more meetings are scheduled, and as London Springs progress towards the opening of our unit; I will keep you informed and up to date.

Again thank you for your attendance and please feel free to call me with any questions or suggestions.

Sincerely.

Todd V. Winder

Todd V. Winder
Administrator

London Springs Care Center, Inc.

160 West 500 North
Heber City, Utah 84032

(801) 654-5500

August 7, 1989

Dear Doctor:

We are pleased to announce that in the near future London Springs Care Center, Inc. will be upgrading its' licensure from an Intermediate Nursing Facility to a licensed Medicare Certified Skilled Nursing Facility. We are anxious for this change because it will allow us to increase our medical services to you and your patients.

As a skilled nursing facility, we will staff a special care unit and will become a Certified Medicare Provider.

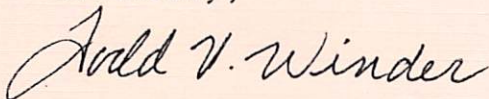
London Springs has scheduled a meeting for August 30, 1989 at 9:30am and would like to invite you to attend. This meeting will be held at the care center.

This meeting is part of the first phase of skilled licensure. We will be discussing the services that we anticipate offering as a skilled nursing facility and would appreciate your attendance and your valued input regarding the services that we will be providing.

We look forward to you attending this meeting with us and helping us to meet our communities medical needs. As a team we can keep our citizens at home for all thier medical needs.

We will be sending more information to you over the next few weeks. If you should have any questions please feel free to call me at 654-5500.

Sincerely,



Todd V. Winder
Administrator

London Springs
Care Center, Inc.

160 West 500 North
Heber City, Utah 84032

Raymond Green, M.D.

Lynzee Hamblin

Psychologic Social Worker
at London Springs Care Center.
Juvenile Mentporey is his
aunt.
Jacob Hamblin is ancestor.

